



ALMA

SPA & HEAD RITUAL

OUR RITUALS & MASSAGE EXPERIENCES

Beyond Relaxation. 5 Signature Experiences.



THE JAPANESE RITUAL | 80MIN

Beyond relaxation. An immersive experience.

A slow, sensorial Head Spa journey combining tailored scalp and head massage, a soothing warm waterfall, aromatherapy steam, specialized massage tools and gentle hair combing to bring you into deep relaxation.

Followed by a luxurious shampoo and nourishing hair mask tailored to your needs.

Closing this ritual with a soothing neck, shoulder and décolleté massage. | \$180



ALMA SIGNATURE EXPERIENCE | 120MIN

The experience you deserve.

A deeper, full-body extension of our Japanese Ritual, wrapped into one cocooning experience.

Followed by an Argan oil hand face massage and our Caudalie Signature Face Care, including exfoliation, serum, organic clay mask, rose water and moisturizer, leaving your skin sculpted, nourished and radiant.

Complete your ritual with a relaxing leg and foot massage. | \$260



ALMA ELIXIR | 120MIN

Created to restore your body and mind.

Immerse yourself in our Japanese Head Spa
Ritual

with a deep scalp massage, soothing warm
waterfall, aromatherapy steam, luxurious
cleansing, and a nourishing hair mask.

Complete your ritual with our signature
customized
full-body massage, leaving you deeply relaxed
from head to toe | \$280



THE GENTLEMAN'S RESET | 90MIN

A complete retreat for calm, confidence and renewal

Start your experience with a custom full-body massage.

Followed by our Japanese Head Spa, including a unique head and scalp massage, gentle beard steam, oil treatment and a luxurious cleansing hair ritual under a warm waterfall.

Leaving you feeling deeply relaxed and weightless. | \$240



THE GRAND RITUAL | 3 HOURS

Because sometimes, everything should be about you.

Surrender to three hours of pure indulgence, where our Japanese Head Spa Ritual meets a customized full-body massage, a rejuvenating body scrub, and a luxurious facial treatment.

A complete sensory escape, thoughtfully designed to restore harmony, nourish your skin, and leave you feeling beautifully renewed from head to toe. | \$380



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LA VISTA SIGNATURE MASSAGE AND BODY SCRUB | 80MIN

Combine your two preferred techniques, blend light to deep pressure, and direct extra focus to the areas your body needs most.

Finishing with our moroccan full body scrub for soft and glowing skin. | \$180



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MASSAGE EXPERIENCES

<i>Californian 50 min / 80 min</i>	<i>120 / 150 usd</i>
<i>Deep Tissue 50 min / 80min</i>	<i>140 / 170 usd</i>
<i>Foot & Legs 50 min</i>	<i>110 usd</i>

ROMANTIC COUPLE ESCAPE | 80MIN

Share an intimate moment of relaxation with a luxurious couple's massage in the privacy and comfort of your room.

Let soothing touches melt away tension as you reconnect, accompanied by a bottle of champagne to celebrate your special moment together. | \$320

INFORMATIONS & NOTES

OPENING HOURS | LOCATION | CONTACTS

We are open Monday to Sunday from 9AM until 6PM
Inside La Vista Hotel | #53 Billy Folly Road | Pelican Key
Cottage #24

- Direct Line **+1 (721) 523-6129**
- Whatsapp: **+1 (721) 527-9611**
- Extension **#1024**

HOW TO BOOK YOUR SPA MOMENT

To ensure your preferred time, we recommend
booking at least 24 hours in advance.

We require a **50% deposit to secure your appointment.** Please notify us 24hours in advance to cancel for full refund

HOW TO START YOUR SPA EXPERIENCE

You should arrive at the spa at least **20 minutes before your treatment,** to enjoy our pre-ritual service and welcome drink.



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